



MAC 27th WINTER INVITATIONAL 2012

- DATE:** January 6 - 8, 2012
- HOSTED BY:** Markham Aquatic Club
- LOCATION:** Centennial Pool – 8600 McCowan Road, Markham
- FACILITY:** Centennial Pool is a 25-meter, 6 lane competitive pool with Dolphin Wireless Stopwatch Timing System
- PROGRAM:** The MAC Winter Invitational is a sanctioned swim meet. Swimmers must be registered with Swim Ontario as competitive swimmers
- **ALL EVENTS ARE TIME FINALS**
 - The meet management reserves the right to limit meet entries in case of over subscription
 - The sessions will be limited to a maximum of 4 ½ hours
 - Management also reserves the right to amend the start time of sessions
 - Bell Prizes

SESSIONS:

Session	Warm –Ups	Start	Age Group
Friday PM –Session 1	Girls - 4:00- 4:30PM	5:05PM	10 & Over
	Boys - 4:30 – 5:00PM		
Saturday AM – Session 2	Boys – 7:00 – 7:30AM	8:05 AM	10 & Under and 14 & Over
	Girls - 7:30 - 8:00AM		
Saturday PM – Session 3	Girls – 1:00 – 1:30 PM	2:05 PM	11 – 13
	Boys – 1:30 – 2:00 PM		
Sunday AM – Session 4	Boys – 7:00 - 7:30 AM	8:05 AM	10 & Under and 14 & Over
	Girls – 7:30 – 8:00 AM		
Sunday PM – Session 5	Girls – 1:00 -1:30 PM	2:05 PM	11 – 13
	Boys – 1:30 -2:00 PM		

TIME STANDARDS:	D Time Standards for 800 Free (for Swimmers 11 & Over) and 1500 Free (for Swimmers 13 & Over) No qualifying times for other events
SNC LTAD:	Pre requisites times for Swimmers 14 & under: 200 IM NT 400 Free NT
AWARDS:	Medals 1 st , 2 nd and 3 rd , RIBBONS for 4th through 6 th place for age groups and gender as 10 & under, 11, 12, 13, 14, 15 & Over
ENTRY FEES:	\$8.50 for all individual events and \$11 per event for 800 & 1500 Free. Please make cheques payable to “MAC” on the first day of the meet. Swimmers will not complete until fees are paid.
ENTRY LIMITATIONS:	Each swimmer may swim a maximum of 8 individual events and a maximum of 3 individual events in each session on Saturday and Sunday.
ENTRY DEADLINE:	Entries must be received by December 27, 2011. Please submit early to ensure your participation. Entries will be accepted on a first-come, first-served basis and will be date-time stamped as received. All Fees will be charged based on entries submitted up to the entry deadline, regardless of whether the swimmer competes or not.
ENTRY PROCEDURES:	The only Meet Package which will be considered as valid must be the most current version found on www.swimming.ca/meetlist.aspx To submit entries:- <ol style="list-style-type: none"> 1. Please use www.swimming.ca/meetlist.aspx to submit Hy-tek entries 2. Ensure all entries contain valid Swim Ontario registration numbers. 3. You will be sent confirmation of receipt of your entries
SEEDING RULE:	All entries times will be converted to short course times, using the default conversion factors in Hy-Tek Meet Manager and then seeded accordingly
SCORING:	There will be no individual or team scoring
Meet Referee:	Y.Y. Wong officials@markhamaquaticclub.com
Meet Manager:	Lisa Chow lisachow@rogers.com

SCRATCHES:

- Scratches are to be made at the Clerk of Course desk 30 minutes prior to the start of each session
- Swimmers failing to report within 5 minutes of last call for an event will be automatically scratched
- There will be no penalty for late scratches

MIXED GENDER EVENTS:

Notwithstanding Rule SW10.1 adopted by the Technical Swimming Committee of Swimming/Natation Canada, Swim Ontario will consider requests for sanction for meet that provide for mixed gender swimming in the following circumstances:

5. Where due to facilities or time limitations, swimming separated by gender would not permit all swims to be completed while offering reasonable opportunities to swim for all participants, and in particular on an equitable basis for swimmers of each gender.

However, results must be separated by gender for results reporting and uploading of results.

ONLY ONE MEET for all Pre- competitive Swimmers per season.

Mixed Open Event # 101, #102, #103, # 104 are for Pre-Competitive Swimmers only.

The mixed open events will be seeded by time, not by age group or gender.

RESULTS:

Team results will be made available to each club in Meet Manager file send by e-mail.

Meet Results will be posted on www.swimming.ca/meetlist.aspx as soon as possible

MEET RULES:

1. The "FINA" 1 start rule in effect at this meet.
2. SNC warm up procedures will be in effect during this meet.
3. Age classifications: Male and Female - 10 & under, 11, 12, 13, 14, 15 & Over
4. Age determined on first day of meet, January 6, 2012
5. Each swimmer must swim in proper age group
6. Meet management reserves right to limit the number of entries.
7. Deck entries will be accepted only for the slowest heats that have empty lanes. These entries are **Exhibition only** and no awards will be given. **The cost for deck entries is \$10/\$15 per individual event/distance event** to be paid in cash at the time that the entry is accepted.
8. During warm-ups **NO DIVING** allowed. Please enter feet first.
9. Diving lanes will be 1 and 6 during last 10 minutes of warm-up.
10. Meet Management reserves the right to restrict 400/800/1500 Free and 400 IM entries and to run slower heats 2 swimmers per lane.

SDC POLICY ON SPLIT TIMES:

Meet Management acknowledged the SO policy with banning the future use of split times as official times and requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question. In such a case, Meet Management and the Referee will undertake all appropriate steps as prescribed by their training to assure the quality and integrity of interval times. Any time collected according to this request will subsequently be recorded in a separate event of the appropriate distance and stroke created for such a purpose.”

OTHER:

- No running on deck
- No glass objects will be allowed on or near deck
- Coaches are responsible to inform swimmers of rules to ensure everyone’s safety
- Coaches encourage swimmers to use garbage bins and clean up after themselves on deck and in change rooms

REFRESHMENTS:

- There will be a snack bar and lounge upstairs
- Coaches will be able to have food upstairs in officials’ room at the back of the lounge

OFFICIALS:

- It would be appreciated if each club would provide some officials to help with the meet
- If anyone is interested in officiating please inform the Official Coordinator **Y.Y. Wong** officials@markhamaquaticclub.com
- Please advise if an evaluation is requested and/or if a particular position is preferred.

Effective September 1, 2009, all swimwear worn in swimming competitions sanctioned Under the authority of Swimming Canada must confirm to the January 1, 2010 FINA swimwear approval guidelines as listed below.

MATERIAL – the material of swimwear will definitively be constituted only by textile fabric(s).The FINA definition of “textile” currently is: “Material consisting of, natural and/or synthetic, individual and non-consolidated yarns used to constitute a fabric by weaving, knitting, and/or braiding.”

SHAPE – MEN: swimwear shall not extend above the navel or below the knee.

WOMEN: swimwear shall not cover the neck, extend past the shoulder, nor extend below knee. No zippers or other fastening system is allowed.

USE – Swimmers shall wear only one swimsuit, taping is not permitted.

CONSISTENCY – Swimwear effectively manufactured and used shall correspond to and be fully consistent with FINA approved samples. Any modification before use (including impregnation) is prohibited. Moreover, there shall be no variation/modification for individual swimmers.



RISK MANAGEMENT / WARM-UP PROCEDURES 2005

During the designated warm-up period, the meet management committee shall be responsible for ensuring that all Risk Management/Warm-up procedures are followed. It is incumbent on all participants, i.e. meet management, coaches, swimmers, and officials to comply with these procedures. Non-compliance with these procedures will result in a warning or removal of the swimmer from the warm-up pool, and possible further reporting to meet management and the Referee for action under rule SW 2.1.1.

Meet management shall designate Safety Marshals to actively monitor the warm-up period in the competition pool and ensure compliance with these procedures. Safety Marshals should be notified of any disabled swimmers who are participating in warm-ups. Additional "practice" pools, if any, are to be supervised by lifeguards and coaches.

"Safety Marshals shall be responsible to the Referee for all aspects of safety related to conduct during the warm-up period and shall ensure that all appropriate warm-up procedures are followed." (CSW 2.13.1.5)

GENERAL WARM-UP RULES:

- **Swimmers shall enter the water FEET FIRST in a cautious manner.**
- **No Running on the pool deck or Diving from the side of the pool.**
- **Meet Management shall provide signage to indicate designated lane use during warm-up.**
- **Notices/barriers shall be placed on starting blocks to prevent diving during the general warm-up.**
- **Diving Starts are only permitted in designated Sprint Lanes during the warm-up period.**
- **Lanes shall be open primarily for 'Circle Swimming' during the General warm-up period.**
- **Coaches and swimmers shall allow Backstrokers & SWAD the 'right of way' for safety purposes.**
- **Meet Management may designate a Sprint Lane(s) and/or a Pace Lane(s) throughout the general warm-up period.**

SPECIFIC/SPRINT WARM-UP PERIOD:

- **Sprint and Pace lanes must be opened for at least the last 30 minutes of warm-ups or as designated by meet management.**
- **Outside Lanes should be designated as Sprint Lanes.**
- **Only 'one-way' swimming shall be permitted in Sprint Lanes.**
- **Sprint Lanes, Pace Lanes, and Circle Swimming lanes shall be clearly marked with signage.**

The following statement shall appear in the meet information and in posted notices:
"SNC WARM UP PROCEDURES WILL BE IN EFFECT AT THIS MEET".

EQUIPMENT:

- **FLUTTER BOARDS and PULLBUOYS are allowed.**
- **HAND PADDLES and FLIPPERS (ZOOMERS) are NOT ALLOWED.**

SNC Board Approved

**MAC 27th WINTER INVITATIONAL
January 6 – 8, 2012
Order of Event**

Session # 1 Friday January 6, 2012

Warm-up: 4:00 PM Start: 5:05PM

Girls	Events		Boys
1	10 & Over	400 IM	2
3	10 & Over	400 Freestyle	4
5	Mixed 11 & Over	800 Freestyle*	5
6	Mixed 13 & Over	1500 Freestyle*	6

* D Time Standards

Session #2 Saturday January 7, 2012

Warm-up: 7:00 AM Start: 8:05 AM

Girls	Events		Boys
7	14 & Over	200 Butterfly	8
9	10 & Under	100 Butterfly	10
11	14 & Over	50 Freestyle	12
13	10 & Under	50 Freestyle	14
15	14 & Over	100 Backstroke	16
17	10 & Under	50 Backstroke	18
19	14 & Over	200 Breaststroke	20
21	10 & Under	100 Breaststroke	22
23	14 & Over	100 Freestyle	24
25	10 & Under	100 Freestyle	26

Session #3 Saturday January 7, 2012

Warm-up: 1:00PM Start: 2:05PM

Girls	Events		Boys
27	11 - 13	200 Butterfly	28
101	Mixed Open	25 Freestyle	
29	11 - 13	50 Freestyle	30
31	11 - 13	100 Backstroke	32
33	11- 13	200 Breaststroke	34
102	Mixed Open	25 Back	
35	11 - 13	200 Freestyle	36

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Session #4 Sunday January 8, 2012

Warm-up: 7:00 AM

Start: 8:05 AM

Girls	Events		Boys
37	14 & Over	100 Butterfly	38
39	10 & Under	50 Butterfly	40
41	14 & Over	200 Backstroke	42
43	10 & Under	100 Backstroke	44
45	14 & Over	100 Breaststroke	46
47	10 & Under	50 Breaststroke	48
49	14 & Over	200 Freestyle	50
51	10 & Under	200 Freestyle	52
53	14 & Over	200 IM	54
55	10 & Under	100 IM	56

Session #5 Sunday January 8, 2012

Warm-up: 1:00PM

Start: 2:05PM

Girls	Events		Boys
57	11 - 13	100 Butterfly	58
103	Mixed Open	25 Breast	
59	11 – 13	200 Backstroke	60
61	11 – 13	100 Breaststroke	62
63	11- 13	100 Freestyle	64
104	Mixed Open	100 IM	
65	11 – 13	200 IM	66

