



## *2011 Dimitrov Shield, Saturday November 26<sup>th</sup>*

- Date:** Saturday November 26<sup>th</sup>, 2011
- Hosted By:** Milton Marlin Swim Team
- Location:** Milton Sports Centre,  
605 Santa Maria Blvd,  
MILTON, ON.
- Facility:** Milton Sports Centre, 8 lane, 25 meter pool  
Colorado Electronic Touch Pad Timing System  
LED Matrix Score Board  
FINA Approved Sprint Track Start Blocks
- Meet Referee:** Sue Morris
- Meet Manager:** Reese Lewis  
Phone: 416-371-1596  
Email: [officialschair@miltonmarlins.ca](mailto:officialschair@miltonmarlins.ca)

**Rules:** SNC rules will apply. The FINA 1-start rule will be in effect.  
This meet is sanctioned by Swim Ontario, and all times are Official.

**Eligibility:** Entrants must be registered competitive swimmers with Swim Ontario / SNC.

**Eligible Teams:** Milton Marlin Swim Team  
Markham Aquatic Club  
Pickering Swim Club  
COBRA Swim Club

**Session:** Session length is limited to 4.5 hours.

**Entry Fees:** \$30 per swimmer; includes HST and Splash Fee.

**Entry Limitations:** Swimmers are limited to 3 individual events and 1 relay. Qualifying times for 100m events are on the attached events list.

**Entry Deadline:** Electronic entries must be received by: **Friday, November 18th, 2011**

- Entries should be converted to Short Course using a 2.5% conversion factor via the Swim Canada meet web site at: <https://www.swimmeet.ca>
- Hy-Tek event files are also available on the Swim Canada site or at: <http://www.miltonmarlins.ca>
- Results will be available from <https://www.swimmeet.ca>

**Seeding:** Teams will be allocated 2 lanes per heat. Events will be separated by Age & Gender as outlined below. All entry times will be converted to Short Course.

**Relays:** Teams may submit 2 Relay Teams per Relay Age Category.

**Awards:** Individual and Relay event ribbons for 1st-3rd place and awarded by appropriate age group and gender.

**Scoring:** Points will be awarded by Age Group and Gender categories:  
1<sup>st</sup> Place – 5 Points  
2<sup>nd</sup> Place – 3 Points  
3<sup>rd</sup> Place – 1 Point

Relays will be awarded Double Points by Relay Age categories:  
1<sup>st</sup> Place – 10 Points  
2<sup>nd</sup> Place – 6 Points  
3<sup>rd</sup> Place – 2 Points

**Age Groups:** Individual Age Categories: Male and Female 10/Under, 11, 12, 13, 14yrs. Age determined as of first day of the meet.

Relay Age Categories: 10/Under, 11-12yrs, 13-14yrs.

**Team Sizes:** Maximum of 40 swimmers per team.

**Max Swimmer:** The meet will be limited to 160 Athletes

**Scratches:** All scratches should be reported to the Meet Manager during warm-ups prior to the start of the session. There will be no penalty for late scratches.

**Split Times:**

Meet Management acknowledged the SO policy with banning the future use of split times as official times and requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question. In such a case, Meet Management and the Referee will undertake all appropriate steps as prescribed by their training to assure the quality and integrity of interval times. Any time collected according to this request will subsequently be recorded in a separate event of the appropriate distance and stroke created for such a purpose.

**Refreshments:** Food and beverages will be available from the concession stand.

**Officials:** Any volunteers for officiating duties would be greatly appreciated. Please email qualifications and desired positions to the Meet Manager:  
[officialschair@miltonmarlins.ca](mailto:officialschair@miltonmarlins.ca)

# ORDER OF EVENTS

Teams will be allocated 2 lanes per heat.  
Events will be separated by Age and Gender as per the meet information above.

Warm Up: 10:00am      Start: 10:45am

Girls					Boys		
Event #	Qualifying	Age	Distance	Stroke		Qualifying	Event #
1	1:21.00	14/Under	100	Butterfly	14/Under	1:15.00	2
3		10/Under	50	Backstroke	10/Under		4
5		11yrs	50	Backstroke	11yrs		6
7		12yrs	50	Backstroke	12yrs		8
9		13yrs	50	Backstroke	13yrs		10
11		14yrs	50	Backstroke	14yrs		12
13	1:30.00	14/Under	100	Breaststroke	14/Under	1:27.00	14
15		10/Under	50	Freestyle	10/Under		16
17		11yrs	50	Freestyle	11yrs		18
19		12yrs	50	Freestyle	12yrs		20
21		13yrs	50	Freestyle	13yrs		22
23		14yrs	50	Freestyle	14yrs		24
25		10/Under	50	Butterfly	10/Under		26
27		11yrs	50	Butterfly	11yrs		28
29		12yrs	50	Butterfly	12yrs		30
31		13yrs	50	Butterfly	13yrs		32
33		14yrs	50	Butterfly	14yrs		34
35	1:20.00	14/Under	100	Backstroke	14/Under	1:16.00	36
37		10/Under	50	Breaststroke	10/Under		38
39		11yrs	50	Breaststroke	11yrs		40
41		12yrs	50	Breaststroke	12yrs		42
43		13yrs	50	Breaststroke	13yrs		44
45		14yrs	50	Breaststroke	14yrs		46
47	1:11.00	14/Under	100	Free	14/Under	1:07.00	48
49		10/Under	200	Medley Relay	10/Under		50
51		11-12yrs	200	Medley Relay	11-12yrs		52
53		13-14yrs	200	Medley Relay	13-14yrs		54



## **RISK MANAGEMENT / WARM-UP PROCEDURES 2005**

During the designated warm-up period, the meet management committee shall be responsible for ensuring that all Risk Management/Warm-up procedures are followed. It is incumbent on all participants, i.e. meet management, coaches, swimmers, and officials to comply with these procedures. Noncompliance with these procedures will result in a warning or removal of the swimmer from the warm-up pool, and possible further reporting to meet management and the Referee for action under rule SW 2.1.1.

Meet management shall designate Safety Marshals to actively monitor the warm-up period in the competition pool and ensure compliance with these procedures. Safety Marshals should be notified of any disabled swimmers who are participating in warm-ups. Additional "practice" pools, if any, are to be supervised by lifeguards and coaches.

"Safety Marshals shall be responsible to the Referee for all aspects of safety related to conduct during the warm-up period and shall ensure that all appropriate warm-up procedures are followed." (C SW 2.13.1.5)

### **GENERAL WARM-UP RULES:**

- **Swimmers shall enter the water FEETFIRST in a cautious manner.**
- **No Running on the pool deck or Diving from the side of the pool.**
- **Meet Management shall provide signage to indicate designated lane use during warm-up.**
- **Notices/barriers shall be placed on starting blocks to prevent diving during the general warm-up.**
- **Diving Starts are only permitted in designated Sprint Lanes during the warm-up period.**
- **Lanes shall be open primarily for 'Circle Swimming' during the General warm-up period.**
- **Coaches and swimmers shall allow Backstrokers & SWAD the 'right of way' for safety purposes.**
- **Meet Management may designate a Sprint Lane(s) and/or a Pace Lane(s) throughout the general warm-up period.**

### **SPECIFIC/SPRINT WARM-UP PERIOD:**

- **Sprint and Pace lanes must be opened for at least the last 30 minutes of warm-ups or as designated by meet management.**
- **Outside Lanes should be designated as Sprint Lanes.**
- **Only 'one-way' swimming shall be permitted in Sprint Lanes.**
- **Sprint Lanes, Pace Lanes, and Circle Swimming lanes shall be clearly marked with signage.**

The following statement shall appear in the meet information and in posted notices:  
"SNC WARM UP PROCEDURES WILL BE IN EFFECT AT THIS MEET".

### **EQUIPMENT:**

- **FLUTTERBOARDS and PULLBUOYS are allowed.**
- **HANDPADDLES and FLIPPERS (ZOOMERS) are NOT ALLOWED.**

Approved

SNC Board

July 6, 2005