



# **Team Aquatic Supplies – Dash for Cash**

**December 9 – 11, 2011**

**Athletic Centre, University of Guelph,  
Guelph, Ontario**

**Sanctioned by Swim Ontario**

**Hosted by the Guelph Marlin Aquatic Club**

**Sponsored by Team Aquatic Supplies**

**MEET REFEREE:** Paul Leslie  
**MEET MANAGER:** Dawn Larson 519- 824-4152 before 8:00 pm; email: [dlarson@uoguelph.ca](mailto:dlarson@uoguelph.ca)  
**STANDARDS:** 2009-2012 Ontario C time standards for 13 and over. 2009-2012 Ontario E time standards for 12 and under. LC times can be converted to SC times.

**FACILITIES:** 8 lane-25 Meter Pool, Electronic Timing

Day	Session		Warm-Up	Start	Age Group
December 9	Session 1	Prelimins	7:30 am	8:30 am	13 & 14, open
	Session 2	Time Finals	1:00 pm	2:00 pm	10 & under, 11 & 12
	Session 3	Finals	6:30 pm	7:15 pm	13 & 14, open
December 10	Session 4	Prelimins	7:30 am	8:30 am	13 & 14, open
	Session 5	Time Finals	1:00 pm	2:00 pm	10 & under, 11 & 12
	Session 6	Finals	6:30 pm	7:15 pm	13 & 14, open
December 11	Session 7	Time Finals	7:30 am	8:30 am	13 & 14, open
	Session 8	Time Finals	11:45 am*	12:30 pm	13 & 14, open
	Session 9	Time Finals	2:30 pm*	3:30 pm	10 & under, 11 & 12

12 & under events, relays and events in sessions 7-9 are time finals. All other events are preliminary with evening finals. Since the warm-up pool is not available, 10 min breaks will be taken during the evening finals.

If the long events are not over-subscribed, sessions 7 and 8 will be combined into one session. The times for sessions 8 and 9 are tentative and will be adjusted based on the length of the previous session.

Meet management reserves the right to double up the 400, 800, and 1500 free and/or combine age groups if time requires. Slower heats will be removed if an event is over-subscribed.

The 800 and 1500 heats will alternate. There will be a maximum of 3 heats of 400 IM in session 9.

**ENTRY DEADLINE: A preliminary entry file is due Friday November 18. Final entries are due Friday November 25.** As this meet fills up quickly significant entry changes (more than 10%) made after the entry deadline will be charged. Reservations will be accepted. A non-refundable deposit of \$300 must accompany all reservations made prior to the deadline. N.T. for swims will not be accepted.

Entries must be uploaded in hitek format at <https://www.swimming.ca/> Mail deposit cheques payable to the **Guelph Marlins Aquatic Club** to: Dawn Larson 20 Floral Dr. Guelph, Ontario N1G 1R1

**SCRATCH DEADLINE: Friday December 2**

**ENTRY FEES:** \$ 8.75 Per Individual Event  
\$ 12.00 Per Relay Event

## **\* DASH FOR CASH \***

This year the Guelph Marlins are again offering the opportunity to all 13 and over swimmers who feel they have what it takes to bring home some money.

IMPORTANT NOTE: Swimmers 13 and 14 who wish to compete for cash must swim open for the entire meet. Otherwise any cash events they swim will be considered exhibition swims only. 13 and 14 year old swimmers who wish to be eligible for the open cash events must be identified in writing to the meet manager by November 19, 2011.

\*EXCEPTION\* 13 and 14 year old swimmers may swim the “open” women’s and men’s 800 & 1500 freestyle distance races for CASH without having to enter the entire meet as open swimmers.

### **CASH PRIZES ARE AS FOLLOWS:**

- 1) Event 3 & 4 Women and Men – Open 25 freestyle  
\$100.00 first place and 50.00 second place prize per event for finals only.
- 2) Event 9 & 10 Women and Men – Open 100 backstroke  
\$100.00 first place and 50.00 second place prize per event for finals only.
- 3) Event 15 & 16 Women and Men – Open 100 freestyle  
\$100.00 first place and 50.00 second place prize per event for finals only.
- 4) Event 33 & 34 Women and Men – Open 100 breaststroke  
\$100.00 first place and 50.00 second place prize per event for finals only.
- 5) Event 39 & 40 Women and Men – Open 100 butterfly  
\$100.00 first place and 50.00 second place prize per event for finals only.
- 6) Event 69 Women – Open 800 freestyle, time finals  
\$30.00 per 200 m split, totaling \$120.00. Can someone win it all?
- 7) Event 71 Men – Open 1500 freestyle, time finals  
\$25.00 per 300 m split, totaling \$125.00. Can someone win it all?

### **RULES / PROCEDURES:**

SNC rules and the **Fina One Start** will apply. SNC Warm Up Safety Rules and Procedures and Swim Suit Policy apply. Coaches are responsible for their swimmers’ conduct and knowledge of the SNC Warm Up Safety Procedures.

Meet Management acknowledges the SO policy with banning the future use of split times as official times and requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question. In such a case, Meet Management and the Referee will undertake all appropriate steps as prescribed by their training to assure the quality and integrity of interval times. Any time collected according to this request will subsequently be recorded in a separate event of the appropriate distance and stroke created for such a purpose.

### **ELIGIBILITY:**

A swimmer must be registered with an amateur aquatic association recognized by Swim Ontario.

### **DECK ENTRIES:**

Deck entries will be accepted only for the slowest heats that have empty lanes. These entries are **exhibition** only and no awards will be given. The cost for deck entries is \$10.00 per individual events and \$15.00 per relay events to be paid in cash at the time that the entry is accepted.

### **AWARDS:**

Medals: 1<sup>st</sup> to 3<sup>rd</sup>, for individual events. Ribbons for 4<sup>th</sup> to 8<sup>th</sup> for individual events and for 1<sup>st</sup> to 3<sup>rd</sup> for relay events. Age categories for awards: 10&under, 11, 12, 13, 14, open. At the conclusion of the meet coaches or their representatives should pick up all awards.

**CASH PRIZES** as detailed above.

### **SCRATCHES:**

All scratches should be reported to the Meet Manager during warm-ups prior to each session. Swimmers failing to report within 5 minutes of last call for an event will be automatically scratched.

### **OFFICIALS**

It would be appreciated if each club would email our GMAC Director of Hosted Meets James Ball [james.ball@ugdsb.on.ca](mailto:james.ball@ugdsb.on.ca) a list of names of officials who will be prepared to help at each session of the meet. If there are any questions regarding officials, please email James Ball.

### **RESULTS**

Results will be posted at [swimmeets.ca](http://swimmeets.ca) and sent to coaches by email.

**Session 1 - Preliminaries  
Friday December 9th  
Warm-up 7:30 am / Start 8:30 am**

Girls Events	PROGRAM OF EVENTS				Boys Events
1		13 & 14	25 Freestyle		2
3	<b>Cash Event</b>	Open	25 Freestyle	<b>Cash Event</b>	4
5		13 & over	200 Butterfly		6
7		13 & 14	100 Backstroke		8
9	<b>Cash Event</b>	Open	100 Backstroke	<b>Cash Event</b>	10
11		13 & over	200 Breaststroke		12
13		13 & 14	100 Freestyle		14
15	<b>Cash Event</b>	Open	100 Freestyle	<b>Cash Event</b>	16
17		13 & over	200 IM		18

**Session 2 - Time Finals  
Friday December 9th  
Warm-up 1:00 pm / Start 2:00 pm**

Girls Events	PROGRAM OF EVENTS			Boys Events
19		12 & under	25 Freestyle	20
21		12 & under	100 Backstroke	22
23		12 & under	50 Breaststroke	24
25		12 & under	200 IM	26
27		12 & under	400 Freestyle	28

**Session 3 - Finals  
Friday December 9th  
Warm-up 6:30 pm / Start 7:15 pm  
(see am session for event order)**

**Session 4 - Preliminaries  
Saturday December 10th  
Warm-up 7:30 am / Start 8:30 am**

Girls Events	PROGRAM OF EVENTS				Boys Events
29		13 & over	200 Freestyle		30
31		13 & 14	100 Breaststroke		32
33	<b>Cash Event</b>	Open	100 Breaststroke	<b>Cash Event</b>	34
35		13 & over	50 Freestyle		36
37		13 & 14	100 Butterfly		38
39	<b>Cash Event</b>	Open	100 Butterfly	<b>Cash Event</b>	40
41		13 & over	200 Backstroke		42
43		13 & over	200 Medley relay		44

**Session 5 - Time Finals  
Saturday December 10th  
Warm-up 1:00 pm / Start 2:00 pm**

Girls Events	PROGRAM OF EVENTS			Boys Events
45		12 & under	200 Freestyle	46
47		12 & under	200 Breaststroke	48
49		12 & under	50 Freestyle	50
51		12 & under	100 Butterfly	52
53		12 & under	200 Backstroke	54
55		12 & under	200 Medley relay	56

**Session 6 - Finals  
Saturday December 10th  
Warm-up 6:30 pm / Start 7:15 pm  
(see am session for event order)**

**Session 7 - Time Finals  
 Sunday December 11th  
 Warm-up 7:30 am / Start 8:30 am**

Girls Events	PROGRAM OF EVENTS	Boys Events
57	13 & over 200 Freestyle relay	58
59	13 & over 50 Butterfly	60
61	13 & over 50 Backstroke	62
63	13 & over 50 Breaststroke	64
65	13 & over 400 IM	66

**Session 8 - Time Finals  
 Sunday December 11th  
 Warm-up 11:45 am / Start 12:30 pm**

Girls Events	PROGRAM OF EVENTS	Boys Events
67	13 & over 400 Freestyle	68
69	<b>Cash event</b> Women's Open 800 Freestyle	NA
NA	13 & over 800 Freestyle	70
NA	Men's Open 1500 Freestyle	<b>Cash event</b> 71

**Session 8 - Time Finals  
 Sunday December 11th  
 Warm-up 2:30 / Start 3:30 pm**

Girls Events	PROGRAM OF EVENTS	Boys Events
73	12 & under 200 Freestyle relay	74
75	12 & under 200 Butterfly	76
77	12 & under 50 Butterfly	78
79	12 & under 50 Backstroke	80
81	12 & under 100 Freestyle	82
83	12 & under 100 Breaststroke	84
85	12 & under 400 IM	86
87	12 & under 800 Freestyle	88

## **SNC SWIM SUIT POLICY**

Effective September 1, 2009, all swimwear worn in swimming competitions sanctioned under the authority of Swimming Canada must conform to the January 1, 2010 FINA swimwear approval guidelines as listed below.

**MATERIAL** – The material of swimwear will definitively be constituted only by textile fabric(s). The FINA definition of “textile” currently is: “Material consisting of, natural and/or synthetic, individual and non- consolidated yarns used to constitute a fabric by weaving, knitting, and/or braiding.”

**SHAPE – MEN:** swimwear shall not extend above the navel or below the knee. **WOMEN:** swimwear shall not cover the neck, extend past the shoulder, nor extend below knee. No zippers or other fastening system is allowed.

**USE** – Swimmers shall wear only one swimsuit, taping is not permitted.

**CONSISTENCY** – Swimwear effectively manufactured and used shall correspond to and be fully consistent with FINA approved samples. Any modification before use (including impregnation) is prohibited. Moreover, there shall be no variation/modification for individual swimmers.

## **SNC WARM-UP PROCEDURE**

During the designated warm-up period, the meet management committee shall be responsible for ensuring that all Risk Management/Warm-up procedures are followed. It is incumbent on all participants, i.e. meet management, coaches, swimmers, and officials to comply with these procedures. Non-compliance with these procedures will result in a warning or removal of the swimmer from the warm-up pool, and possible further reporting to meet management and the Referee for action under rule SW 2.1.1.

Meet management shall designate Safety Marshals to actively monitor the warm-up period in the competition pool and ensure compliance with these procedures. Safety Marshals should be notified of any disabled swimmers who are participating in warm-ups. Additional “practice” pools, if any, are to be supervised by lifeguards and coaches.

“Safety Marshals shall be responsible to the Referee for all aspects of safety related to conduct during the warm-up period ..... and shall ensure that all appropriate warm-up procedures are followed.” (CSW 2.13.1.5)

### **General Warm-Up Rules:**

- Swimmers shall enter the water FEET FIRST in a cautious manner.
- No Running on the pool deck or Diving from the side of the pool.
- Meet Management shall provide signage to indicate designated lane use during warm-up.
- Notices/barriers shall be placed on starting blocks to prevent diving during the general warm-up.
- Diving Starts are only permitted in designated Sprint Lanes during the warm-up period.
- Lanes shall be open primarily for ‘Circle Swimming’ during the General warm-up period.
- Coaches and swimmers shall allow Backstrokers & SWAD the ‘right of way’ for safety purposes.
- Meet Management may designate a Sprint Lane(s) and/or a Pace Lane(s) throughout the general warm-up period.

### **Specific/Sprint Warm-Up Period:**

- Sprint and Pace lanes must be opened for at least the last 30 minutes of warm-ups or as designated by meet management.
- Outside Lanes should be designated as Sprint Lanes.
- Only 'one-way' swimming shall be permitted in Sprint Lanes.
- Sprint Lanes, Pace Lanes, and Circle Swimming lanes shall be clearly marked with signage.
- The following statement shall appear in the meet information and in posted notices: "SNC WARM UP PROCEDURES WILL BE IN EFFECT AT THIS MEET".

### **Equipment:**

- FLUTTER BOARDS and PULLBUOYS are allowed.
- HAND PADDLES and FLIPPERS (ZOOMERS) are NOT ALLOWED.