

2011-12 SEASON SCHEDULES

September 6-9: - Dryland at Rotary Park, bring appropriate footwear and clothing.

September 13-Mid- - REFER TO SCHEDULE BELOW

October: - ALL PRACTICES WILL TAKE PLACE @ THE MILTON LEISURE CENTRE
 - DRYLAND WILL BE OUTDOORS, MEET AT MLC AT SCHEDULED TIME

		Mon	Tue	Wed	Thur	Fri	Sat
Gold	AM		5:30-7:30 MLC		5:30-7:30 MLC	5:30-7:30 MLC	5:30-7:30 MLC
	PM	DryLand 3:30-5		DryLand 4-5:30			
Silver	AM	5:30-7:30 MLC					5:30-7:30 MLC
	PM		3:30-5 MLC	DryLand 4-5:30	3:45-4:45 MLC		
Bronze	AM						
	PM	3:45-5:00 MLC	4:15-5:45 MLC		3:45-4:45 MLC	3:45-4:45 MLC	
Purple	AM						
	PM	3:45-5:00 MLC	4:15-5:45 MLC			3:45-4:45 MLC	
Novice	PM	5:00-6:00 MLC			4:45-5:45 MLC	4:45-5:45 MLC	

Mid-October thru June 2012

		Mon	Tue	Wed	Thur	Fri	Sat
Gold	AM		5:30-7:30 MSC	5:30-7:30 MSC	5:30-7:30 MSC	Studio: 6-7:30am	5:30-7:30 MSC
	PM	3:30-5:30 MSC	3:30-5:30 MSC		3:30-5:30 MSC	3:15-5:15 MSC	
Silver	AM	Studio: 6-7:30am					5:30-7:30 MSC
	PM	3:45-5:45 MLC	5:30-7:00 MSC	3:30-5:30 MSC	3:45-5:45 MLC	3:45-5:45 MLC	
Bronze	AM					6:00-7:15 MSC	7:30-9:00 MSC
	PM	5:30-6:30 MSC	7:00-8:00 MSC	Studio: 4:45-5:45	5:30-7:00 MSC		
Purple	AM						7:30-9:00 MSC
	PM	5:30-6:30 MSC	7:00-8:00 MSC	Studio: 4:45-5:45	5:30-7:00 MSC		
Novice	PM	6:30-7:45 MSC		5:30-7:00 MSC		5:15-6:15 MSC	
High School Swim-Fit	PM	4:30-5:30	4:30-5:30		4:30-5:30	4:30-5:30	